

Outdoor Education and Physical Pursuits



Intent

We have a designated 'Learning Outside the Classroom' and 'Residential Education' Curriculum that compliments that of physical education and is a much valued part of our weekly timetable. It is our aim that these curriculum uphold the high standards of learning and expectations that our school sets and increases the students' life skills and experiences

The primary aims of this curriculum will be:

- To build self-esteem and confidence in the students.
- To build resilient, determined and independent learners
- To develop students' personal, social and emotional development.
- To encourage collaboration.
- To develop and build the ideas of risk management and risk benefit
- To enable children to gain a respect for the natural environment and wildlife.
- To develop positive behaviours .
- To explore a wide range of physical and outdoor pursuits

These aims will be covered in a variety of outdoor learning sessions and environments that aid the students in their learning in a positive, enjoyable, creative and inspiring manner. This is aimed at helping the students to transfer the skills and knowledge from these lessons into the classroom and life outside of school.

Implementation

To ensure that the Learning Outside The Classroom (including physical pursuits) and Residential Education curriculum have meaning and relevance to the students we have a progressive curriculum. This helps in the delivery of high standards of teaching and learning, Discrete outdoor learning lessons are

timetabled each week for all students and there are also residential opportunities throughout each academic year.

We use the many different venues, facilities and providers in Guernsey (including The Sports Commission) and further afield to offer our students as many different experiences as possible. We are currently developing "The Village" which will provide an on-site space to further deliver this curriculum as well as other elements of our offer including personal development.

Impact

The implementation of the Learning Outside The Classroom and Residential Education curriculum, help towards the students becoming more well rounded and prepared learners and individuals. They will not only be more confident and resilient learners, they will also be more caring and supportive peers, due to the heavy focus the curriculum places on understanding and generating empathy. This will help our students to become more able to regulate their social, mental, emotional and spiritual health, meaning the students can perform better in collaborative learning and tasks, arming them with the skills necessary to improve themselves in their schooling career and life after school.

As the students grow in confidence they will begin to understand, assess and manage their own risk and safety, allowing the students to become more independent and resilient. It encourages problem solving, logical thinking, self-reflection and evaluation.

This area supports students to be healthy and active members of their community. Students are also able to gain recognised qualifications within many of the outdoor and physical pursuits on offer including sailing, swimming and climbing as well as Duke of Edinburgh and John Muir Award.