## **PSHE**

## Intent



At Le Murier we aim for students to thrive and achieve their full potential as global citizens prepared for the opportunities, responsibilities and experiences of later life (Every Child matters).

We are aware that the delivered curriculum must reflect the needs of our students and their maturity or developmental level. We aim to put children's rights of equality, dignity, respect, non-discrimination and participation at the centre of our practice. (RRSA)

Teaching and learning in the classroom should show progression in Self care and Safety, Relationships, Healthy Lifestyles and Citizenship. Each year builds on the students' level of knowledge, skills and understanding. It is important to equip our students with the knowledge and skills necessary to make safe and informed decisions and to recognise the importance of their own mental health and well-being.

## Implementation

PSHE at Le Murier is delivered in discrete weekly lessons, as well as across the curricula, for example in assemblies, tutor time, during school projects, residentials that enrich students' experiences as well as life skills sessions, outings, links with local charities, fundraising and enterprise activities.

Student voice is well established through weekly School Council meetings and tutor times as well as the Article 12 sessions to develop Rights Respecting Practices throughout the school community. Students also have a weekly Karaoke year/class group choice to put to the whole school community for vote.

## **Impact**

By teaching our students to stay safe and healthy, and by building self-esteem, resilience and empathy, our PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of all learners.

PSHE enables our learners to be as independent as possible and helps them to understand how they are developing personally and socially. It also tackles many of the moral, social and cultural issues that are part of growing up.

Our curriculum allows students to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our students are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.