

Cookery



Intent

We have a weekly designated cookery lesson for all students at Le Murier. It is differentiated to encompass the wide range of abilities at Le Murier. It is our aim that the curriculum should uphold the high standards of learning and expectations that our school sets and increases the students' life skills and experiences

The primary aims of the curriculum will be:

- To build self-esteem and confidence in the students.
- To build resilient, determined and independent learners.
- To develop students' personal, social and emotional development.
- To encourage collaboration through teamwork.
- To develop skills in the safe handling of food and equipment.
- To enable children to gain a respect for the sustainability and carbon impact of their food.
- To encourage and stimulate a lifelong interest in healthy eating.
- To develop positive behaviours .
- To achieve accreditation as appropriate to include ASDAN or BTec

These aims will be covered by introducing the students to a wide range of skills, foods and methodologies. This is aimed at helping the students to transfer the skills and knowledge from these lessons into the classroom and life outside of school.

Implementation

To ensure that the cookery lessons are relevant the food and meals chosen reflect healthy eating guidelines and an interest in affordable budgets. Skills are taught from Year 7 and these are built upon as the students progress throughout the school. This helps in the delivery of high standards of teaching and learning.

Students have the opportunity to cook for different occasions and events, for example Open Days, termly 'Enterprise Afternoons' and basic home cooking.

Impact

The implementation of the cooking curriculum helps towards the students becoming more well prepared learners and individuals. Students are encouraged to try new things, become independent and learn from mistakes. This will help our students to become more able to manage their social, mental and emotional health, thereby performing better in collaborative learning and tasks.

As the students grow in confidence they will begin to understand, assess and manage their skills and abilities, allowing the students to become more independent.